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# Leadership Development Mini Summit

*Insights from research and practice*

*Dr. David Rock*

*NYC, June 2024*



**NeuroLeadership**  
INSTITUTE

# Trusted partner to two thirds of the Fortune 100



Founded  
in 1998



Impacting millions of  
employees annually



Team of 250+  
across the globe



50+ research papers  
since inception



Operations in 24+  
countries



2  
Deep network of scientists  
and researchers



# How we accelerate talent and business results



## Insights

Thought leadership  
changing the world

Briefings

Membership

Events



## Advisory

Clear strategies & frameworks  
to accelerate transformation

DNA

Diagnostics

Strategy



## Behavior change

Scale quickly with proven  
habit activation initiatives

Standard

Custom

Licensing

3



# Three practices drive impact



Culture & Leadership



Diversity, Equity & Inclusion



Talent & Performance



# What's happening in **leadership** today?

1. Does it need to change?
2. How much?
3. In what ways?

# What's happening in leadership *development* today?

1. Does it need to change?
2. How much?
3. In what ways?

# The science of change at scale



# The science of priority setting

Sticky

Meaningful

Coherent



Easy recall  
under pressure

Do I care  
about this?

Does it fit in with  
everything else?

# Non-obvious upsides of sticky

1

**Non-Conscious  
Priming**

2

**Conscious  
Self-Calibration**

3

**Continuous  
Sharing**



# Leadership principles and practices

## Create clarity

- Synthesize the complex
  - Define a course of action
  - Ensure shared understanding
- 

## Generate energy

- Inspire optimism, creativity, and growth
  - Create an environment where everyone does their best work
  - Build organizations that are stronger tomorrow than today
- 

## Deliver success

- Drive innovation that people love
- Be boundary-less in seeking solutions
- Tenaciously pursue the right outcomes





## Leadership Principles



### Imagine the future

Aim for extraordinary  
Make bold moves  
Simplify the complex



### Inspire the team

Connect, coach, empower  
Find meaning in work  
Partner to win



### Make it happen

Anticipate, learn, adapt  
Do what matters  
Amaze the customer

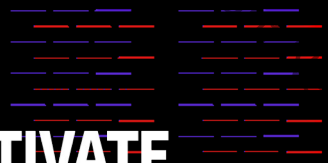


# WE COMMIT TO IMPACT



- Provide clarity
- Take ownership
- Do what's right

# WE CULTIVATE TRUST



- Listen with empathy
- Speak openly
- Grow together

# WE CREATE THE FUTURE



- Pursue our curiosity
- Courageously change
- Recognize progress

## For Customers and Each Other



### Create Value

Think big  
Innovate with intent  
Deliver scalable solutions



### Grow Together

Say what you mean  
Bring in different perspectives  
Help others be great



### Move Fast

Prioritize what matters  
Learn and pivot  
Own the outcome

**Do the Right Thing**  
Decency | Inclusion | Force for  
Good



OUR PURPOSE

TO SHAPE A WORLD  
WHERE PEOPLE AND  
COMMUNITIES THRIVE



TO IMPROVE THE  
FINANCIAL WELLBEING  
AND SUSTAINABILITY  
OF CUSTOMERS

OUR STRATEGY

OUR BEHAVIOURS



Be curious • Learn & adapt  
• Build for tomorrow



Create Shared Clarity • Make tough calls  
• Move at pace, with care



Connect with empathy • Rally the right  
people • Challenge each other



# The Big Three

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## Look Beyond

See the big picture  
Strive for customers  
Learn and adapt



## Work as One

Listen first  
Speak up  
Align and commit



## Make a Difference

Do what matters  
Own it  
Act with care

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HUMANS OF NLI  
Culture Principles

  
**1** Keep it **real**

We're humans.

show you care

empower voices

listen to learn

  
**2** Make it **easy**

We're clarifiers.

create clarity

ensure shared understanding

design for action

  
**3** Do it **better**

We're innovators.

follow the science

experiment bravely

deliver what matters



# Think about habits at three levels

**The right habits**



From exhaustive

to essential

1 2 3

**Embedded the right way**

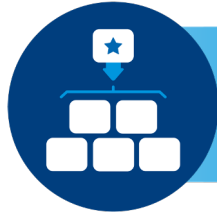


From delivering training

to building habits over time, socially

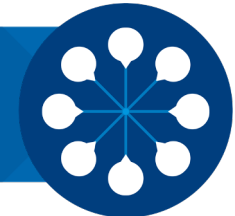


**Scaled quickly**



From top down only

to everyone to everyone, all at once



# The Big Three

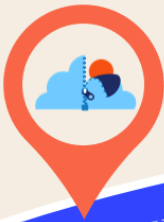
## All Leader Activation Journey



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**Look Beyond**  
Leader Masterclass  
12<sup>th</sup> Feb – 90 mins

**ConnectED**  
Launch  
29<sup>th</sup> Jan



**Big Three support**  
Toolkit, Activities, FAQ,  
links + CX one directory

**Appreciate with Big Three**

**Work as One**  
Leader Masterclass  
From 15<sup>th</sup> April –  
60 mins



**Team Habit Activations**  
3 short habit building  
activities over 6 weeks one  
habit at a time over time

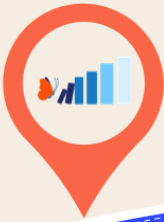
**Functional Focus:**  
messages from senior leaders:  
what **Look Beyond**  
means for your work

**Performance 'How' with Big Three lens. + 1:1 guide**

**Big Three alignment with Qtr. Awards**

**CX one - customer insights platform enhancements**

**Make a Difference**  
Leader Masterclass  
From 10<sup>th</sup> June –  
60 mins



**Functional focus:**  
Work as One

**Team Habit Activations**

**Ongoing:** Reflect on Big Three in 1:1s

**Functional focus:**  
Make a Difference

**Team Habit Activations**



**1st Qtr. awards with Big Three focus**

General

This is the corporate level Leader activation plan

# Clear priorities drive habits



## Culture Principles



### Imagine the future

Aim for extraordinary  
Make bold moves  
Simplify the complex



### Inspire the team

Connect, coach, empower  
Find meaning in work  
Partner to win



### Make it happen

Anticipate, learn, adapt  
Do what matters  
Amaze the customer

## Impact

Overall engagement **22%**

### Managers

Explains future goals **40%**

Makes everyone feel valued **44%**

Encourages new thinking **22%**



## Create the Future

Expand your thinking

Experiment courageously

Learn and pivot

## Inspire Greatness

Empower every voice

Encourage boldness

Celebrate progress

## Accelerate Impact

Amaze the client

Prioritize what matters

Act as one



# Avanade: Behavior change results

94%

Experimented with a new approach in their work

88%

Encouraged someone to share new or different thinking

91%

Made an effort to work across teams

98%

Felt confident they can execute the behaviors going forward

99%

Felt motivated by their most powerful insight from the learning

# How to embed habits



**Generate  
strong insight**



**In social  
situations**



**One habit at  
a time, over time**





# The AGES model



**Attention** is necessary, but limited



**Generation** creates new connections



**Emotions** impacts what & how we remember



**Spacing** helps to consolidate learning



# Scaling habits across an organization

**FROM:**

A lot to a few, slowly

**TO:**

A little to everyone, quickly

# Which format delivers the greatest behavior change?

88%

**Virtual**  
High Impact  
Virtual Experience

79%

**Virtual**  
Distributed  
Learning Solution

54%

**In-Person**  
Workshop

*Percentage practicing new habits weekly*  
HIVE N = 2,976; DLS N = 23,992; In-Person Workshop N = 296



# Current focuses for leadership development



Offsites



1-1 coaching



Self study platforms



**LEAD**

	Offsites	1-1 coaching	Self study platforms	LEAD
Connects people together	✓		X	✓
Long-term impact	X	✓	X	✓
Scales well	X	With effort	✓	✓
Creates common language	✓	X	X	✓
Aids retention	✓	X	X	✓

# LEAD: A strong foundation to whole-of-company habit activation sprints



Culture & Leadership



Diversity, Equity & Inclusion



Talent & Performance



GROW  
The Neuroscience of Growth



FOCUS  
The Neuroscience of Thinking Through Goals



FLEX  
The Neuroscience of Hybrid Leadership



CALM  
The Neuroscience of De-escalation



CARE  
The Neuroscience of Empathy



DECIDE  
The Neuroscience of Breaking Bias



INCLUDE  
The Neuroscience of Stronger Teams\*



SELECT  
The Neuroscience of Better Hiring\*



VOICE  
The Neuroscience of Speaking Up



ALLY  
The Neuroscience of Advocating for Others



CONNECT  
The Neuroscience of Quality Conversations



IMPROVE  
The Neuroscience of Better Feedback\*



DIFFERENTIATE  
The Neuroscience of Effective Evaluation



DEVELOP  
The Neuroscience of Long-term Growth Conversations



TEAM  
The Neuroscience of Psychological Safety



# LEAD

The Neuroscience of Effective Management

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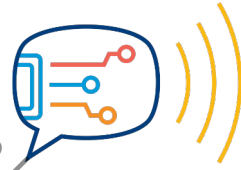
1



## Manage myself

- MODULES:**
- Optimize my brain
- HABITS:**
- Regulate emotions
  - Sustain good thinking

2



## Mobilize others

- Connect efficiently
- Set the right course
- Inspire great work


3



## Drive results

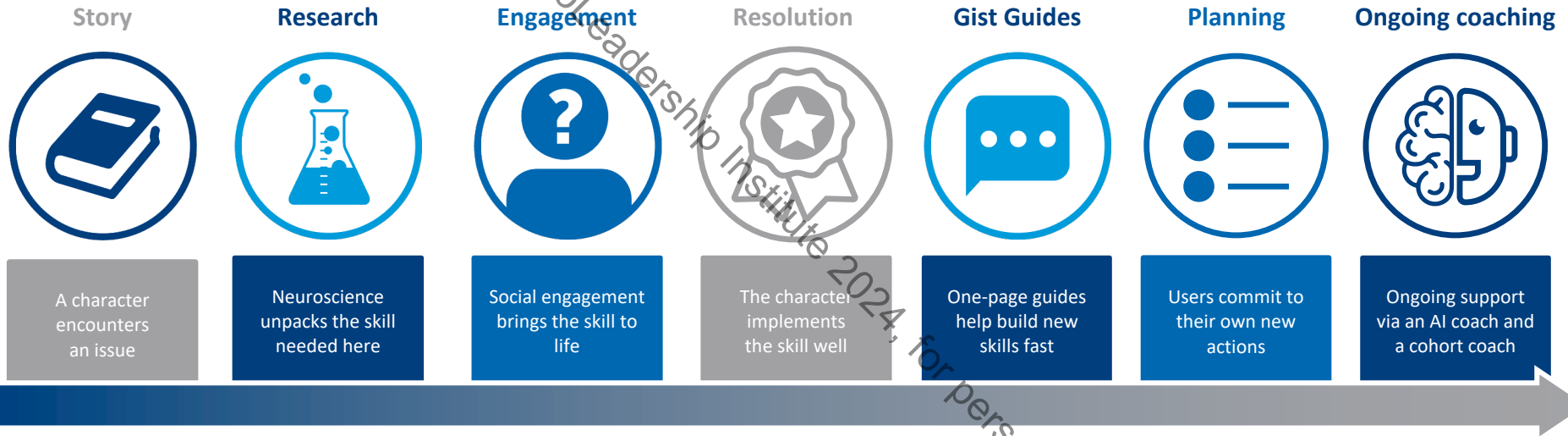
- Make it safe
- Solve problems faster
- Stay agile

Each module is 2 months for a 6 month total learning experience





# Powerful insights in a 15-minute weekly journey



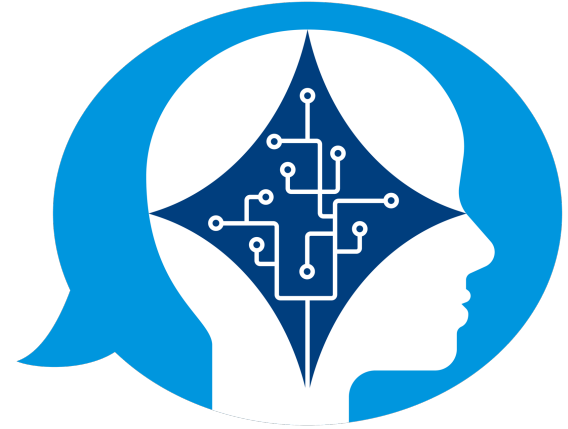
# Artificial intelligence coach for 24/7 real time support

- Quick neuro intelligent nudges
- Quick coaching
- Practice *specific skills* using scenarios Niles gives you

“Show me how to run a better meeting”

“Help me solve a conflict with this specific person”

How can I get unstuck when facing a crisis?



# NILES

Neuro Intelligent Leadership Enhancement System

# The FROM→TO shift in accountability

From  
**PUNITIVE**  
ACCOUNTABILITY

An environment where individuals see accountability with **fear, blame** or **punishment**, that **hinders growth and learning** within the organization.



To  
**NON-**  
**PUNITIVE**  
ACCOUNTABILITY

An environment where individuals see accountability as an **avenue for growth and development**, encouraging **ownership** and **learning from mistakes**.

# People that display Non-Punitive accountability...

## Think ahead

We create **clarity** and ensure **transparency in communication**,  
→ *creates a shared understanding of expectations*

The underlying science of creating a **prospective memory (mental imagery)** using clear communication.  
Aware of the **biases** that cause us to overestimate our clarity.

## Own your commitments

We understand the importance of **meeting expectations** by tracking & reporting progress.  
→ *creates a drive to meet expectations for others*

The underlying science of **expectations**. Dopamine is released when **expectations are met and drops when they are unmet, an error signal created**. This creates frustration, anger, and new lower expectations

## Anchor on solutions

We create an **environment of psychological safety and growth mindset**.  
→ *creates a solutions-focused environment, instead of blame.*

The underlying science of psychological safety and growth mindset fosters risk taking and mistake sharing, (lowering the **perceived threat**). Working towards solution **engages our reward circuitry**.

# The Eureka Scale

0  
No insight

1  
Sense that  
insight might  
be coming

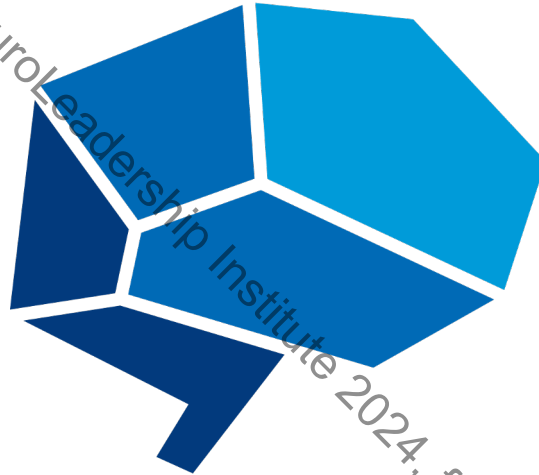
2  
Low level  
insight

3  
Medium level  
insight

4  
Strong  
insight

5  
Intense  
insight

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Thank You